



ART IN NATURE

BY NICOLE CHESLOCK

PHOTOS BY SCOTT THOMPSON

Sounds never before heard among vibrant pine trees and colorful works of art including paintings and poetry inspired by the surrounding Sierra Nevada will be revealed just one hundred steps into the Tahoe National Forest in September. Welcome to Trails & Vistas' art hikes, one-of-a-kind guided hikes on the Pacific Crest Trail. The art hikes unite world-class performers and award-winning artists with the natural world. And the result is like no other outdoor experience.

InnerRhythms' dancers and Chief RedHawk perform during "Terra-Caeli" at the Tahoe Donner Equestrian Center in 2009 (inset) Original art rises from the ground in "Terra-Caeli," 2009



Notes from Celtic music singer, songwriter and composer Chris Waltz filled Shirley Canyon during Trails & Vistas "If Dreams were Clouds" 2010 art hikes

More than 30 artists will participate. Each and every attendee is encouraged to slow down, breathe deeply, soak in the cleansing mountain air and listen to the language of nature during the art hikes. Artists include internationally acclaimed Angelika who sings healing chants in ancient Sanskrit, and Ian Ethan Case, a musician of the double-neck guitar and African Kalimba, among many others, including sculptor and painter Brooke Bishop, poet Jean Fournier and one of the most prolific muralists west of the Mississippi, Susie Alexander.

Expect more than awesome dance performances by InnerRhythms Dance Theater, live storytelling, incredible music, thought-provoking sculpture and magnificent paintings. Unwind, relax and connect to the environment in a new way. Be inspired by all that your senses are experiencing with art in nature.

"We are very excited to bring a depth of talent in dance, art and music from around the world to this magical trail with alpine lakes and glacier boulders," shares Nancy Tieken Lopez, the founder and co-artistic director of Trails & Vistas, a Truckee-based organization that seeks to create art experiences that inspire environmental awareness. The first art hike was created as Lopez' thesis project in 1994. After moving to Truckee, she expanded the art



San Francisco based Capacitor performers wowed hikers on the Shirley Canyon trail in Olympic Valley, 2010



Dancers float a pink canopy above their heads during "If Dreams were Clouds," 2010



Keely Hoyt from InnerRhythms strikes a pose against the magnificent Sierra sky during the 2012 "Dreaming Tree" art hike from Donner Ski Ranch



Bell by Nancy Lopez and Annie Carouba inspired art hikers during "Terra-Caeli," 2009

hikes to form Trails & Vistas with Elizabeth Archer, InnerRhythms' founder and artistic director and co-artistic director of the art hikes. "We believe that the arts transform the human experience, that art is a gift to be shared," explains Archer.

New for 2013

The forty-piece San Jose State University Symphony Orchestra will be on the trail for the Saturday art hikes. Music director Michael DiGiacinto's compositions have been heard in venues throughout the United States and Europe as well as on NPR and PBS. In addition, Trails & Vistas will also host a special 10th anniversary concert at the Truckee Regional Park Amphitheatre on September 7. The symphony orchestra will perform. Additional concert highlights include two extravagant and original performance art pieces plus music by Ian Ethan Case from Boston, MA, Taiko Tsurunokai, a Japanese drum group based in Reno, NV, and an opening act by world flutist Ann Licater.

Art hikes will be offered every 15 minutes beginning at 10 am on September 7 and 8. Specialty hikes include family hikes for those hiking with children, meditative hikes for adults seeking an especially quiet and spiritual connection and leisurely hikes for seniors who prefer a slower pace (the art hike lasts approximately three hours). *SH*



Harper, singer and songwriter Patrice Haan evokes deep feelings during the 2009 art hikes

Trails & Vistas Art Hikes

When: September 7 - 8.

Guided art hikes depart every 15 minutes from 10 am to 12:30 pm
Where: Pacific Crest Trail on Donner Summit (near Boreal Mountain Ski Resort)

Cost: \$30 adults, \$10 children

Evening Concert

When: September 7. Gates open at 5 pm
Music begins at 6 pm

Where: Amphitheatre in the Truckee Regional Park, 10050 Brockway Road in Truckee

Cost: \$20 in advance, \$30 at the gate, \$10 when purchased online with Trails & Vistas art hike admission.

Information and Tickets

www.TrailsandVistas.org

You might want to hurry, the art hikes sell out every year!

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